

## Life Bliss Technology

Life Bliss Technology is a one-year residential program, offered free to youth from around the world to learn the inner science, ayurveda, yoga and various sciences of the Vedic tradition in the beautiful ambience of the spiritual laboratories called ashrams.

"In my nine years of wandering, I searched for a place where I could learn under one umbrella - the technology of blissful living. But I never found such a place. I found the knowledge in bits and pieces in various parts of the country. That is why it took me nine years to pick up the technology. When I attained inner bliss, the first thing I wanted to do was make available this technology for the next generations, under one roof. Out of this inspiration, I created the Life Bliss Technology - one year residential program - which provides an ambience to help anybody pick up the technology of life bliss."- Nithyananda

Life Bliss Technology (LBT) is a one-year residential program for youth aged between 18 and 30 years of age, on practical life skills, that is currently offered free of charge. With its roots in the Eastern system of Vedic education, this program is designed to empower modern youth with good physical, mental and emotional health. By nurturing creative intelligence and spontaneity, and imparting vocational skills, it creates dynamic youth with great spiritual strength. This program is a unique lifetime opportunity for youth to grow and channel their dynamic, creative, bubbling energy towards the ultimate goal of realizing their infinite potential and serving humanity by expressing this wonderful energy under the naturally transforming, loving and compassionate guidance of the Master. The Academy meets all needs of the students during the year along with providing vocational and spiritual training with expected costs of Rs.45,000 per student per year. You are not a being with human limitations; you are a being with divine potential. My aim is to make you realize this truth. When you realize this, you will not only have the natural intelligence and capacity to become a CEO but you will have the maturity to handle the status and be in the state of an enlightened CEO "A handful of spiritually evolved and well-centered youth is enough to transform the entire humanity. You are not a being with human limitations; you are a being with divine potential. My aim is to make you realize this truth. When you realize this, you will not only have the natural intelligence and capacity to become a CEO but you will have the maturity to handle the status and be in the state of an enlightened CEO. Experiencing and expressing your multiple dimensions, exploding in creativity and bliss in 360 degrees, working in intense energy yet in a state of intense relaxation, is what I call being an enlightened CEO. Then, you are in the state of a leader, the consciousness of a leader, the status of a leader will just happen as a by-product." -Nithyananda